Principal Team Report

Bachelor of Arts course at Phoenix P-12 Community College in 2014

This exciting program at Phoenix P-12 Community College in partnership with the University of Ballarat will be extended next year to further provide high level pathways for our students into tertiary studies.

The BA@Phoenix is a University course that will again be offered and available to graduating students from Year 12 VCAL, VET or VCE pathways, as well as some students in Year 12 in 2014. This initiative has been highly successful this year, and as a result will extend to a larger degree into options for Year 12 students next year. The course will allow students at Phoenix P-12 to transition to University with a high structured mentoring and support network from both the College and UB.

Some further details are as follows:

The BA@Phoenix program is looking at a new way to study at University for people who might not have thought that it was a possibility for them. It is part of the University of Ballarat’s (UB) commitment to working in the south-west of Ballarat to enhance the connection between communities, schools, young people and higher education.

We have seen that there are people living in the south-west of Ballarat who might not have ‘traditional’ University entry requirements and are still interested in studying at University and are very capable of success. BA@Phoenix is a partnership between UB and Phoenix College to extend educational options for young people in the south-west of Ballarat.

How will it work?

Students will be enrolled in the Bachelor of Arts (Humanities and Social Sciences). This is one of the fundamental areas of study at a University and provides an opportunity to develop valuable analytical and conceptual skills that employers find valuable. The first semester of the program will be delivered mostly in the school/community setting at Phoenix College.

In first semester four ‘subjects’, which we call courses, will be offered:

- BAFND1001 Introduction to Social Inquiry
- Zonta Young Women in Public Affairs Awards Dinner

It was my absolute pleasure to accompany Kirsty Payton to the Zonta Young Women in Public Affairs Awards Dinner.

It was enormously impressive to hear the group of young women speak about their experiences, commitments and hopes for the world. In a room filled with the elite and carefully scripted speeches, Kirsty spoke wonderfully, from the heart, and was approached by the Zontians after presentations to congratulate and commend her and tell her how inspiring she was.

Although unsuccessful in claiming the prize, Kirsty left with head held high, moved at the response. As for me, I left feeling so very proud of Kirsty and Phoenix P-12 Community College.

Ms Kai Mebalds Extension Programs Coordinator - Humanities

- BAFND1002 Narrative and Text
- BAFND1004 The Western Tradition and the Contemporary World
- PHILO1002 Logic and Reasoning

Second semester will be delivered, with an aim to transition to the ‘mainstream’ setting at UB’s Mt Helen campus, through a mix of:

- two courses community-based at Phoenix College;
- one course through supported online learning; and,
- one course in the mainstream lecture setting at UB Mt Helen.

Course selection for Semester 2 will be based on negotiation between students and Program Coordinators.

The aim of the first year community/school-based program is to support students to engage with University study and assist students in making a successful transition to UB at Mt Helen in the second and third years of the program.
I would personally like to thank Tim Harrison (University of Ballarat) and his team for their work in making this exemplary and groundbreaking program available to the students and community of Phoenix P-12 Community College. This adds to the College underlying focus of offering the best possible opportunities and pathways for our students at the College. Amazing stuff! Enjoy the moment.

** Please don’t hesitate to contact Cheryl Kennedy or Andrew Greed at the College for more information in relation to this outstanding program.

Reminder / 2014 Year Enrolments
Prep at Phoenix P-12 Community College
Redan Campus

Prep enrolments for next year continue to increase, and at this stage we will have two classes at this preparation to learning level. To further assist us with planning for the 2014 school year could any families with siblings already attending our school please enrol their Prep child as soon as possible, so we can maximize the forward planning of these groups. Please call in at the General Office on either the Redan or Sebastopol campus for an enrolment pack and any information that may be of assistance.

BUILDING UPDATE

The Phoenix P-12 building continues to develop with the first two Learning Villages almost reaching lock-up stage with plastering and internal joinery commencing.

Our third Learning Village is beginning to take shape and the project is still running ahead of schedule and plans for occupancy in 2014 are well and truly underway.

Thank you for your patience with the front access road. Due to the continual wet weather it has been difficult to complete. We would expect the roadway to be re-opened after the term break.

SENIOR SCHOOL UPDATE

As the term nears the end we are beginning to see the signs of stress in some Year 12 students and this is an area we can all help with. By helping the students to organise their week, limit work and sport, exercise and eat healthily you can help ease the burden.

Both VCE and Victorian Certificate of Applied Learning students will now be focusing on completing all coursework and some will begin exam preparation; which means they will be very busy. It’s important for each student to focus on a well-planned, step by step process that ensures they don’t get behind.

The Subject Selection process is well underway and this will determine the units that run next year. Please ensure your child has completed the form and returned it to the Senior School Office. This is a vital step in children choosing an appropriate pathway so please encourage them to talk to their House Manager, Teachers, Careers Practitioner or Coordinator to help them make good decisions.

DATES TO REMEMBER

- The Valedictory Dinner for Year 12 students is on 22nd October and a letter will be sent home shortly with prices and permission slips for guests.
- There will also be a trial English exam on September 18; this offers a fantastic opportunity for students to get vital practice before the real exam in October.

Mr Andrew Greed
Assistant Principal - SENIOR SCHOOL

MIDDLE SCHOOL UPDATE

As I write this I am increasingly aware that we are on the rapid ride that we all experience in the lead up to the end of the year.

The Middle School Social was a fantastic night. We had a record number of students attending and we gave away a record number of tickets to students with 100% attendance.

We encourage students to be well organised at Phoenix. At the moment it is important that students take the time to complete and submit their Subject Selection sheets. Students need to maintain their level of organisation with relation to bringing all required materials to class. For the first time this area of student development has been a feature of the student report.

We notice that a great many girls are now wearing their summer dresses again as the weather improves. It is timely to check the hem length as many students have grown substantially over the winter. Policy states the hem should be 5cm above the knee.

Finally a reminder that no Middle School student is to leave the College grounds to access retail outlets during
The Inaugural Gary Ebbels Trophy

In August the Phoenix P-12 Community College Senior Football Best and Fairest was held in the Community Hub. The night saw the inaugural “Gary Ebbels Trophy” awarded to our best and fairest players of the year.

Winners on the night were:

Lachlan Powell
Coaches Award

Kyle Mackay and Bradley McDonald
Runner Up
Best and Fairest with 49 Votes each

Bailey Veale
The ‘Gary Ebbels Trophy’ Winner

How are you going?
What’s been happening?
How are you going?’ ‘I’ve noticed that...
What’s going on for you at the moment?’

‘You don’t seem like yourself and I’m wondering are you ok?
Is there anything that’s contributing?’

Thursday September 12th 2013 is RU OK Day......

The R U OK? Foundation is a not-for-profit organisation dedicated to encouraging all people to regularly and meaningfully ask ‘are you ok?’ to support anyone struggling with life.

R U OK? Day is a national day of action on Thursday September 12th 2013, dedicated to reminding people to regularly check in with family and friends.

The R U OK? Foundation acknowledges the evidence that a conversation can change a life. Regular, face-to-face conversations can help people feel valued and supported. There’s also an emerging body of research which links supportive social relationships and a sense of social connection with protective factors in suicide prevention.

Anyone can take part on R U OK? Day; especially anyone who knows someone struggling with life. If you’re not sure - still ask!

The R U OK? Foundation works with experts in suicide prevention and mental illness, government departments, corporate leaders, teachers, universities, students and community groups.

For tips on starting a conversation, Facebook has developed a new app called ruokconversationstarter.com: It is inspired by magnetic fridge poetry and a cheeky sense of humour. The app aims to help more young people reflect on the difference that conversations can make to friends who might be struggling.

For more information, please visit https://www.ruokday.com/

Don’t be afraid to ask – ‘R U OK?’
BALLARAT VIETNAM VETERANS MEMORIAL SERVICE
A small group of Cadets and the College Captains braved the cold weather to provide a catafalque (honour guard) party and lay a wreath at the Ballarat Vietnam Veterans Memorial Service. It was a cold day with freezing temperatures but the students did a fantastic job.

Student Absence
It’s not okay to be away!
Phone 5329 3210

Ballarat Vietnam Veterans Memorial Service

Trivia Afternoon
In August six students from the Middle School visited Hertford Gardens Retirement Village to take part in their Trivia Afternoon.

The purpose of this activity was to extend our Community Partnerships and build stronger connections between our youth and the elderly members of the local community. The afternoon was an enormous success. Students and residents got to know each other, shared the challenge of the trivia quiz and most of all had a lot of fun.

We would like to commend the following students: Jacob Rumler, Samantha Harbridge, Lachlan Kay, James Hazendonk, Natalie Kirley and Felicity Liston. We also extend our appreciation to Mr Layton, the Student Leadership Coordinator for taking the time to organise this worthwhile opportunity.

VET Hospitality
The VET Hospitality students and Ms Mayne catered for 127 people at the Delacombe Primary School BBBB (Boys, Blokes, Books, Bytes and Balls) breakfast. This gave the students real hands-on experience of the hospitality industry, requiring them to work together in a team to prepare and cook the food, serve the customers and then the cleaning afterwards. The guest speaker was Actor/Author William McInnes as seen in the photo below.

Pictured above: College Captains Damon Tilley and Emily Lizzul.

Pictured above: CPL Bassett

Pictured above: Actor/Author William McInnes with Ms Kylie Mayne and her VET Hospitality class.
Sebastopol Cadet Unit

August was a busy month for the Cadet Unit and September promises to be full of exciting experiences for the Cadets as well. The Unit conducted a bivouac in Blackwood, hosting Cadets from Broadmeadows and Geelong. The weekend allowed our Cadets and staff to exchange resources and expertise, and the larger numbers also provided the opportunity for larger scale activities not normally possible within one Unit. At the conclusion of the bivouac Kristopher Keays was promoted to the rank of Lance Corporal.

On Wednesday, 5th September the Cadets teamed up with a group of Year 10 History students to attend the Battle for Australia memorial at the Melbourne Shrine of Remembrance. This ceremony commemorates the defence of Australia against the Japanese during the Second World War. This year the ceremony focused on the important role played by Australian women during the war, both at home and abroad. At the conclusion of the ceremony the group had the opportunity to take a tour of the Shrine.

The Unit is currently undergoing final training and preparations for Exercise Emu 2013, the annual camp at Puckapunyal. This camp allows the Cadets to work with Cadets from all over Victoria and includes weapons training under the supervision of Army staff.

The Cadet Unit is currently seeking new members (or absent existing members) to join the Unit. If you are aged 12 ½ or older and a Phoenix P-12 Community College student contact Nic Joosten via the General Office to arrange a visit to the Unit. The Unit will be conducting an open night on Monday, October 14th at the Community Hub at 6:30pm. Email Joosten.nicholas.j@edumail.vic.gov.au for further details.

Payment of your Families Educational Costs

Family Statements were emailed out to families at the beginning of the month. The year is certainly slipping by. Thank you to those families who have paid their account – that is fantastic. We do have quite a number of families who still owe for charges and I encourage them to pay as soon as they can. Fourth term brings with it the end of another year, Christmas and all those additional family expenses we all have. It is a great idea to get your family accounts paid up before all those additional costs arrive.

Phoenix P-12 Community College offers parents a wide variety of ways to make payments:

- In Person: Cash, cheque, EFTPOS, Credit Card (Visa and MasterCard) and EMA.
- By Mail: Cheque, Credit Card (Visa and MasterCard—voucher below).
- By Phone: Credit Card (Visa and MasterCard).
- Centrepay: This automatic deduction system can be established at any time.
- Application forms are available from Centrelink or the General Office.
- BPAY: Via the internet and using the BPAY reference data on your Statement. This may be one off amounts, or a regular payment basis.

Any payments will be allocated to outstanding charges. Please send Remittance Advice or email the School with any specific allocation requirements.

Payments are welcome any time at the General Office or can be dropped into the Drop Box – located near the student window, to save waiting in queues.

Lorraine Hayes
Business Manager

Regional Rail Link

Rail line closures

3-13 October 2013

Do you catch the train to school? There will be changes to the way you travel the first week of term four.

From first service Thursday 3 October to last service Sunday 13 October, buses will replace trains on the following lines:

- Sunbury: between Albion and Footscray
- Ballarat: between Ballarat and Southern Cross Station
- Bendigo: between Sunbury and Southern Cross Station

Please allow up to 30-60 minutes extra travel time during the first week of term four.

For more information, contact Public Transport Victoria at ptv.vic.gov.au or call 1800 800 007 6am - midnight daily.
The Smith Family is the annual nominated charity for the Bupa Around The Bay event and each year they aim to raise $1m + to support the provision of educational scholarships for disadvantaged students.

Each year a Junior Ride Team completes the 50km section of the event. This team has typically come from Metro Melbourne BUT this year event organisers have appointed 15 students and 4 staff from Phoenix P-12 Community College to take on this role.

Each rider is hoping to raise $1,000 in sponsorship from family, friends and the general Ballarat community. The Smith Family are providing bicycles, helmets and a jersey to team members, with local support coming from Matt Britton from Cyclescape in Sturt Street who is providing water bottle holders, repair kits and first-aid kits.

The Junior Team Members are: Ally Dennis, Mary Greed, Clancy Greed, Claire Blower, Nissa Bedggood, Natasha Middlin, Joshua Liston, Felicity Liston, Jonathon Bui, Lamourette Folly, Peace Douhadjji, Dylan Pearson, Michael Knight, Jackson Ford and Emiley Cody.

Staff Members are: Mr Joshua Ebbels, Mr Tim Blee, Mr Andrew Greed and Mr Jamie Lawlor.

To sponsor our students and look at their profiles
Go to: aroundthebayfundraising.com.au
Click on: Find a Rider/Team
Search for: Students of the Smith Family

Bianca Eustice and Olivia Kent having skied to the summit of Mt Stirling, 1749 m above sea level.

Jack Diamond in foggy campsite on the slopes of Mt Stirling.

Jack Diamond and Ryan Kerr sitting on the summit of Mt Stirling.

David Armstrong giving a victory salute on the summit of Mt Stirling.
The next trip to Germany as part of the German Exchange Program will be between March and May next year, and the German students will be travelling here in September and October 2014. If anyone studying German is interested in getting involved please contact Mr Bill Ferguson on 5329 3293.

A big thank you to all those who supported the VET Events Management class by donating, organising and attending the recent Trivia Night held at BSCH. The night was a huge success and over $1100 was raised for the Cystic Fibrosis (Ballarat Branch).

Mr Drew Layton and VET Events Management Class

Online Gambling by Adolescents in Ballarat – Year 9-10 Survey Consent Forms

Phoenix P-12 Community College, in partnership with Ballarat Community Health, is collecting data related to online gambling. All Year 9 & 10 students have been invited to take part in the survey and have been given an Information Pack and Consent Form. They must return the Consent Form before completing the survey.

Please return the Consent Form to Middle School or their PCG teacher by Friday 13th September.

Replacement forms are available at Middle School, or a handwritten note will be sufficient.

CALLING THE COLLEGE

The number to phone is 5329 3293

Option 1: Sebastopol Secondary Campus

Option 2: Redan Primary Campus
THE SCIENCE EXPERIENCE

UNIVERSITY OF BALLARAT

Sunday 22 - Tuesday 24 September 2013

For detail and to apply visit www.scienceexperience.com.au

Registrations close on 13 September.

Indulge yourself and spend three fun-filled days exploring your passion for science, making new friends, discovering rewarding career opportunities and experiencing life on the beautiful Mount Helen campus at the University of Ballarat.

This hands-on and brain-on 3 day program for Yr 9 and 10 students is a great introduction to the diverse world of science and its connection to an interesting range of careers. You will work in labs, explore the outdoors on field trips, visit scientists and engineers in their workplaces and investigate the exciting areas where science meets maths, IT and engineering.

Enquiries:
Stephanie Davison
Schools and Community Engagement Coordinator
School of Science IT and Engineering
University of Ballarat
Email: s.davison@ballarat.edu.au
Phone: 5327 9373

School of
Science
Information Technology and Engineering

University of Ballarat
Learn to succeed
Don’t be daft about Minecraft

Minecraft may be the best trend to hit boy world in years. Writer Jason Fox explains the attraction and outlines the benefits for kids.

If you have a young child or teenager, chances are you’ve heard about Minecraft. It’s a video game that’s kind of like digital LEGO, except that you’re in an ever-evolving world with seemingly limitless possibilities. It’s a game that inspires deep exploration, collaboration and creativity. It has been the subject of international conventions. Some schools and universities have even incorporated Minecraft into their curriculum, where students learn about city planning, environmental issues, getting things done, and even how to plan for the future, as well as things like maths and problem solving.

The open sandbox nature of Minecraft makes it one of the most exciting games on the market – and not because of its flash graphics or blood and gore (there are none of those). The gameplay experience design just works. And on top of all that, it’s rated one of the safest video games for kids ever.

But parents are worried.

And rightfully so, to a degree. Too much of a good thing can be a bad thing.

But some parents are freaking out about the amount of time their kids are investing in the game, and are imposing blanket bans of it without first understanding its magic.

So, let’s have a look at what makes Minecraft so engaging. Why blanket bans aren’t a good idea, and how to manage your child’s play.

Minecraft is an infinite, non-winnable game

Unlike a book, a game of chess, or a football match, a Minecraft game doesn’t end. There’s always more that can be explored, and more that can be done. The projects you undertake in Minecraft are self-initiated: no one is telling you what to do. And the process of making progress within Minecraft is completely autonomous – no one is telling you how to execute your projects and achieve your goals. It’s self-regulated learning at its finest.

So, when a parent bans Minecraft it’s a lot different to banning other games. You’re not simply cutting your child out from a source of entertainment. You’re preventing them from accessing a world where it’s safe to fail, learn, explore, build and share. In essence: it can be pretty devastating – particularly when we put things back into the context of the future of work.

Why? Because your child’s ability to participate in and contribute to unprecedented, self-driven creative and collaborative work is going to be one of the key employable talents in the future. Your child could already be building a digital portfolio of project work, without you even knowing it.

But being able to ‘unplug’ and manage time and energy are essential skills your child needs to learn too. So, here are three ways you can help them manage Minecraft in your house:

1. Show genuine interest (this should be your first step)
   If your child plays Minecraft, ask them to take you on a tour. Show an interest in their passion, and ask them questions like: what are you trying to build? What are your goals? What are the steps you need to take? What’s the coolest thing you’ve found? Set aside at least an hour for this. It’s highly likely they’d love the chance to share this with you, which will help you to open up a new level of connection with them.

2. Encourage interactivity correctly
   Minecraft’s multiplayer mode allows your child to play and build in the same online world as their friends.
But remember, there are a lot of idiots on the internet, so do the following two things:

a) Create your own server or ‘whitelist’ – it’s like having an invite-only friend list.

b) Use a family-friendly server – you can Google these to find the right one to play in.

3. Don’t ban – bracket
Banning something like Minecraft should be the very last resort, as it usually only serves to enhance the craving for it. Instead, make it part of their daily ‘free time’. Try not to have this at the end of the day or make it contingent on homework being completed, as this may only create angst, rushed homework and late nights. After school is best, especially if it’s bracketed by dinner time (where all phones and computers are turned off).

My true hope is that you give option #1 a very good go first. And if #1, #2, #3 don’t work, I’m hoping you’ve found them an even better game to play.

Here’s a few resources for you:

Check out the Minecraft review at The Parent’s Guide to Video Games:

And this wonderful article from Penny Flanagan of Kidspot:

And finally, check out the brilliant work of Dean Groom and Massively Minecraft (a place for both kids and parents to play):
http://massively.jokaydia.com/

Dr Jason Fox keeps savvy people up to date with the latest in motivation design.
Learn more at www.drjasonfox.com

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Kids need to learn that anger can be expressed in ways that are not hurtful to anyone including themselves.

Managing anger is one of the biggest emotional issues that children face. Children who can learn to manage their anger have a head start on handling fears and other emotions.

Currently, our community is undecided about how to handle anger. In fact, anger is discouraged as we see no place for it in homes, schools or community. ‘Civilised people don’t get angry’ seems to be the accepted wisdom so we tend to encourage children to bottle up anger rather than let it out.

Anger needs to be managed, rather than simply avoided. Burying anger deep down and it will go away is the attitude! This doesn’t work for many children as bottled up emotions don’t always dissipate. They simmer away, eventually spilling over into physical violence or hurtful verbal abuse, which is often backfires on the angry person.

Kids need to learn that anger can be expressed in ways that are not hurtful to anyone including themselves. Here are six steps that parents can use to help kids of all ages keep their emotions under check, and respond safely when emotions run high:

1. Understand it: Help kids understand the events and situations that trigger angry responses. These situations will vary, but may include, playing rough games, not getting their own way and being teased by others. Help kids to reflect on the events that trigger a ‘wobbly’, so they can take preventative measures. This type of self-knowledge is really helpful for older primary school children and teenagers.

2. Name it: Help them recognise the physical signs of anger, such as clenched fists and teeth, tension around their shoulders and heavy breathing. Then assist them to develop a vocabulary around anger. “Mad as a snarky”, “about to lose it”, “throwing a tantr” are some possibilities. Children can probably generate more! Naming emotions promotes good emotional literacy in kids.

3. Diffuse it: You need some strategies to diffuse anger and bring down emotional levels in kids. Distraction and time out can be effective for toddlers with short fuses, and even shorter attention spans. For older children, parents should use diplomacy rather than discipline. You may need to give some kids some space on their own before attempting to talk. Listening to their story, validating their right to be mad and focusing on feelings are some ways to diffuse anger. Sometimes knowing that someone else also knows how you feel is enough to make anger go away.

4. Choose it: Help children understand that they do have a choice about how they respond to their anger. They may feel like lashing out, but they don’t have to get physical or verbally aggressive when they get angry. Let kids know in clear terms that slamming doors, throwing things and refusing to cooperate are the wrong ways to display anger. Help them understand that while you are on their side, as they mature they need to choose socially acceptable ways of handling anger.

5. Say it: Encourage children to express how they feel verbally, rather than bottle things up or become aggressive. The use of I statements is one way of letting others know how they feel. “I feel really mad when you say nasty things to me. I really don’t like it!” is one way of being heard and letting the anger out.

6. Let it out safely: Boys, in particular, need physical outlets for pent up anger. They may go for a run, belt a pillow or play a physical game to let their frustration out. Some kids may even pour their anger into a letter, some work on a productive activity. Help children find legitimate outlets for their anger.

Parents need to role model healthy anger management so children see firsthand how adults handle anger in mature ways. That means parents take time to listen to each other, talk things through and find healthy physical ways to let off steam when you feel yourself getting to boiling point.

The maxims for families who want to learn to manage anger in healthy ways should be: “There is nothing so bad that we can’t talk about it. However there are behaviours that are not acceptable.”

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For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au
CALENDAR
Secondary Campus
SEPTEMBER
17th Inter School Athletics
18th Trial English Exam Year 12
   1.30 - 4.45pm LRC
   Intermediate Band Concert
   7.00pm
19th Cabaret Night 7.30pm CHUB
20th Last day of Term
   Dismissal 2.30pm.

PLEASE NOTE*
PRESENTATION EVENING THIS YEAR WILL BE HELD AT FOUNDERS HALL, CARO CONVENTION CENTRE, UNIVERSITY OF BALLARAT.
MONDAY DECEMBER 2ND 2013
PLEASE KEEP THIS DATE FREE TO COME AND ENJOY THE CELEBRATION OF OUR STUDENTS

Sustainable School Shop
The College is conscious of the need to provide an efficient process for families to be able to recycle their textbooks, uniforms and student resources.

I am delighted to inform you of the school’s new initiative to provide parents with the ability to trade second-hand items via the “Sustainable School Shop”. Families are assisted to list For Sale & Wanted advertisements online and the system then matches buyers with sellers. Results from other schools have been excellent; families have enjoyed a comprehensive and convenient method of trading these second-hand items.

The Sustainable School Shop is providing complimentary Annual Family Memberships until 31st August 2014 and we would encourage parents to take full advantage of this opportunity. You need to nominate the College when you register on the Sustainable School Shop website to receive your complimentary Annual Family Membership (lasts 365 days).

The service provides access to second-hand textbooks, uniforms, calculators, stationery, musical equipment, etc. all year round. Parents can even trade with other parents from different schools and sell items no longer in use at our College or other previously attended schools.

For the best results:
- List items for sale.
- List Wanted Ads for those items you are looking to buy.
- The College’s textbook and uniform lists are loaded into the service to make listing ads easy.
- The system matches the ads of buyers with sellers and notifies the buyer (Wanted Ad) via email.
- Buyers contact sellers and arrange where and when to trade.
- Most trading will occur with other parents from the school.
- Parents are well supported via Sustainable School Shop’s telephone (1300 683 337) and email help lines.
- The system is simple and easy to use - if you don’t have a computer, internet access or an email address, please call the Sustainable School Shop for assistance.

All enquiries should be directed to the Sustainable School Shop on:
1300 683 337 or help is also available through ‘Contact Us’ on their website at www.sustainableschoolshop.com.au

We are very excited about this new initiative being offered to parents and we hope you will make the most of the opportunity to annually recycle your student’s school items.

A message from the Wellbeing Team
Scratching for Answers
A reminder that 95% of head lice are picked up at school and Phoenix College is no exception. Please do regular checks of your child’s hair. Many lice don’t cause an itch, so you have to look carefully to find them.
The following steps may help:
1. Comb any type of conditioner on to dry, brushed hair.
2. Comb sections of hair with a fine toothed comb.
3. Wipe the conditioner from the comb onto a paper towel or tissue.
4. Look on the tissue for lice and eggs.
5. Repeat combing over entire head.
If lice or eggs are found the child’s hair should be treated.
Children should be excluded from school until treatment has occurred. Remember to treat the bed linen as well.
For the right advice on head lice: www.health.vic.gov.au/headlice